



## KANSAS WIC INFORMATION MEMORANDUM

KANSAS-WIC-I-2014-07

**TO:** Parent and Sub-Agencies

**FROM:** Dave Thomason  
Nutrition & WIC Services Director

**DATE:** April 28, 2014

**RE:** Resources -Nutrition Education – Will be changing to a new series of brochures that will replace the Help Me Be Healthy series  
Resources – Breastfeeding-Break Time for Nursing Mothers DOL Cards  
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### **Nutrition Education – changing to a new series of brochures that will replace the Help Me Be Healthy series**

A new series of brochures will be introduced soon that will replace the *Help Me Be Healthy* series. The new age/category specific brochures are the *Eat Grow Live* series. The *Eat Grow Live* series will include brochures for pregnant women, new moms, infants and children through five years of age.

It is estimated that the first *Eat Grow Live* brochures will be available in June. If clinics anticipate they will run out of *Help Me Be Healthy* brochures before then, the SA has some *Help Me Be Healthy* brochures available in English and Spanish.

More information will be shared about ordering the new *Eat Grow Live* brochures when they become available.

**ACTION REQUIRED:** LA staff members should assess whether they have enough *Help Me Be Healthy* brochures to last for the next two months. If not, LAs may order the number needed for the next two months by emailing Julie Ornelas at [jornelas@kdheks.gov](mailto:jornelas@kdheks.gov). Include in your email the title and number of brochures needed. These will be sent on a first come first serve

basis. LAs should first use their current supply of *Help Me Be Healthy* brochures before ordering the new brochures.

**Resources – Breastfeeding-Break Time for Nursing Mothers DOL Cards**

The U.S. Department of Labor (DOL) has created a new card that contains information about the rights of nursing mothers under The Patient Protection and Affordable Care Act (ACA). The SA has printed these cards and they are now available to order on the WIC Publications Order Form. [http://www.kansaswic.org/local\\_agencies/](http://www.kansaswic.org/local_agencies/) .

**ACTION REQUIRED:** Please share this information with breastfeeding support staff and Breastfeeding Peer Counselors. View the card here:

<http://www.dol.gov/whd/FLSAEmployeeCard/BreaktimeNursingMothers.pdf>

Place an order if these cards can be beneficial to your clients.

**Breastfeeding: Breastpump End of SFY Ordering**

**Please note** – Check your breastpump and breastpump equipment supplies, as no items will be approved for purchase after Thursday, May 8 until July 1, due to the end of the state fiscal year. All invoices and reimbursement requests must be to Karen Meek at the state office by June 1, 2014.

**ACTION REQUIRED:** Please do not stockpile but place a realistic order. As always, contact Karen Meek, [kmeek@kdheks.gov](mailto:kmeek@kdheks.gov) for order approval **before** placing the order.

**Administration-General-KanCare**

Nutrition and WIC Services was recently supplied with a list of Kan Care Outstationed Eligibility Workers. These eligibility workers are able to assist your clients in obtaining Medicaid services. Please see the attached PDF listing included with this memo.

**ACTION REQUIRED:** Please share the information about your region's Kan Care Outstationed Eligibility Worker with appropriate staff that make referrals to clients. If you have not talked with your region's Kan Care Eligibility Worker, please call and introduce yourself.

**Kansas WIC Conference, 2015 – Call for Local Agency staff to be members of planning committee**

The 2015 Kansas WIC Conference will be a statewide conference at one site in the spring of 2015. We need a few Local Agency (LA) volunteers to be members of the planning committee. Planning meetings will occur about every month and will always be by conference call with a toll-free telephone number. There occasionally might be some time commitment outside of the meetings, such as reviewing materials and soliciting input from coworkers. The conference registration fee will be waived for LA members of the planning committee.

**ACTION REQUIRED:** If you are interested in volunteering, contact Patrice Thomsen at [pthomsen@kdheks.gov](mailto:pthomsen@kdheks.gov) or 785-296-1189 by **May 5, 2014**. Obtain approval from your WIC Coordinator/supervisor before volunteering.

**Kansas WIC Conference, 2015 – Call for speaker and topic ideas**

Have you have heard a dynamic speaker provide a presentation that would be great for WIC? Do you have a burning desire to learn more about a current topic? Is there a particular WIC policy/procedure about which you'd like more guidance? Would you love to attend a Local Agency sharing session? The planning committee for the 2015 Kansas WIC Conference will review suggestions for speakers and topics from sources such as past conferences and the 2015 Nutrition Services Plans. Suggestions from LA staff are always welcome.

**ACTION REQUIRED:** The full committee will be listed in the May I-Memo, but in the meantime, send suggestions to Patrice Thomsen at [pthomsen@kdheks.gov](mailto:pthomsen@kdheks.gov) or 785-296-1189.

**Training: New Employee Breastfeeding Training, Topeka, June 3, 2014**

Remember that New Employee Breastfeeding Training is in Topeka on June 3, 2014. Refer back to details in the [March I-Memo](#).



**ACTION REQUIRED:** Inform appropriate staff. If you are the WIC Coordinator, be sure new employees are registered for the 2014 New Employee Breastfeeding Training in Topeka through Kansas TRAIN. <http://ks.train.org> (Unless waiting for the November session in Wichita.)

- Search for Course # 1032999.
- Registration deadline is **May 23**.

Contact Patrice Thomsen at [pthomsen@kdheks.gov](mailto:pthomsen@kdheks.gov) or 785-296-1189 with questions or the need to register late.

**KWIC Focus – How To: Dual Participation Tests and Change Delivered Category**

This month's issue of *KWIC Focus* is included at the end of this memo and is also available on the web site at [http://www.kansaswic.org/local\\_agencies/kwic\\_focus\\_newsletter.html](http://www.kansaswic.org/local_agencies/kwic_focus_newsletter.html)

**ACTION REQUIRED:** Have all staff read *KWIC Focus*.

**Training: Educational Opportunities**

- **25<sup>th</sup> Annual Iowa Breastfeeding Conference** May 14 and 15, 2014, Hilton Garden Inn, West Des Moines, Iowa. Presenters are Dr. Jennifer Rebecca Thomas, MD, MPH, IBCLC, FAAP, FABM and Dr. Nils Bergman, MB, ChB, DCH, MPH, MD. For more information - <http://www.iabreastfeeding.org/events/>
- **2nd Annual Delivering Change Perinatal Education Conference**. Friday, July 18, Junction City. A day of perinatal education sponsored by the Geary County Perinatal Coalition. These topics will be included: Breastfeeding; Critical Congenital Heart Defects;

Post Partum Depression and Mental Health; Safe Sleep; and Baby Behavior. Contact Jill Nelson at 785-238-9787 with for questions. Registration opens April 21 at [www.deliveringchange.org](http://www.deliveringchange.org)

- **National WIC Association Annual Education and Networking Conference and Exhibits.** May 18-21, 2014, Pittsburgh, PA. Regular registration fee until April 15. (Remember all Kansas local agencies are NWA members and pay the member rate.) <https://www.nwica.org/events/info/annual-education-and-networking-conference-exhibits>
- **National WIC Association 2014 Biennial Nutrition Education and Breastfeeding Conference and Exhibits.** September 8-10, 2014, Atlanta, GA. Regular registration fee until August 8. (Remember all Kansas local agencies are NWA members.) <https://www.nwica.org/events/info/nwa-2014-biennial-nutrition-education-and-breastfeeding-conference-exhibits>
- **WIC Breastfeeding Basics**, a one hour online course from the WIC Works Resource System is now approved for 1 credit for dietitians, nurses and lactation consultants. WIC Breastfeeding Basics is the first WIC Works course to offer CERPs. You'll need to create an account, etc. Check it out today at <http://wicworks.nal.usda.gov/wic-learning-online>
- **An Online Breastfeeding Continuing Education Tutorial: Expanding Pediatricians' Roles in Breastfeeding Support: Continuing Medical Education (CME) Online Tutorial** There is no charge for this tutorial. To access the program, click on or cut and paste this link into your browser: <http://www.northeastern.edu/breastfeedingcme/index.html>



**ACTION REQUIRED:** Share information with appropriate WIC staff about these continuing education opportunities. Consider sending appropriate WIC staff according to your local agency training needs and as the local agency budget allows. If appropriate, refer to [ADM 11.02.00 Financial Support for Local Agency On-Going Training](#) for information on the possibility of obtaining financial support from the SA. Notice the policy specifies that staff time is not covered in these special funds.

If you have any questions regarding this memo, please contact the state staff member assigned to your agency.

Items ↓

Attachments: *KWIC Focus*

Kan Care Outstationed Eligibility Workers